

ABI PRESENTS

TAKE 30

free bullying prevention webinars



February 6th at 3pm

Debi Rozeski, Ph.D., A.U.M. Angels United with Minis
*Gallopig Towards Great Behaviour - How Miniature
Horses Create Positive Relationships and Promote
Positive Behavioural Changes in Humans*



ANTI-BULLYING
INSTITUTE
INVERMOR MEDICAL CLINIC
CHARITABLE FOUNDATION

Registration for 100 participants available.
Please register at the link below.

Sponsored By



Legendary Care





A.U.M. ANGELS UNITED WITH MINIS THERAPY

501 (C) (3) PENDING

DEBI ROZESKI, PHD
FOUNDER/PRESIDENT

*Rehabilitating Souls both Human and
Equine through Positive Interactions*



**A.U.M.
ANGELS UNITED
WITH MINIS
THERAPY**

501 (C) (3)

(951) 662-0522

AUMINITHERAPY@GMAIL.COM





Our mission is to rehabilitate souls both human and equine through positive interactions.



Horses have the unique ability to interact with humans to build **trust**, develop **confidence**, and experience **joy** while building **social skills** many of us are lacking in today's society.

About Us

A.U.M. is a non profit organization dedicated to helping the children, adults and families in our community using rescued, rehabilitated miniature horses.

We travel to schools, community events, senior centers, and libraries sharing our stories of triumph over tragedy!



THE BENEFITS OF USING EQUINE THERAPY AND INTERACTIONS

CONFIDENCE

SELF-EFFICACY

SELF-CONCEPT

COMMUNICATION

TRUST

DECREASED ISOLATION

SELF-ACCEPTANCE

IMPULSE CONTROL



SOCIOSENSUAL AWARENESS

The ability of someone else's moods to affect us at physical as well as emotional level and vice versa.



Horses are masters at this!



Horses demand AUTHENTICITY and respond to:

personal integrity
thoughtful leadership
mental/physical balance
emotional congruency
flexibility
receptivity
clear intent

sophisticated energy management





“A person who is emotionally incongruent, who acts one way while feeling the opposite appears dangerously out of focus to the equine awareness system.”

Linda Kohanov “The Tao of Equus”

“Children emerging from the uncertain beginnings (trauma informed) usually have a number of social problems and they are often blamed for behaving badly.”

- Overreactive
- Impulsive
- Anxious
- Angry
- Hypersensitive



FACTS ABOUT BULLYING

- ❖ 71% of students report bullying as a problem at their school
- ❖ Teachers intervene in only 1 in 25 bullying incidents
- ❖ Every year more than 3.2 million students are bullied
- ❖ The average bullying episode lasts for 37 seconds
- ❖ BULLYING IS A LEARNED BEHAVIOUR AND IT CAN BE CHANGED!

(Facts Daily, 2019)



OUR PROGRAMS...



JUST SAY WHOA TO BULLYING

A.U.M. helps elementary aged children to deal with bullying and how to be a good friend and citizen.



GALLOPING TOWARDS GREAT BEHAVIOUR

A.U.M. uses **E.M.P.O.W.E.R.** to teach social skills and good character traits.



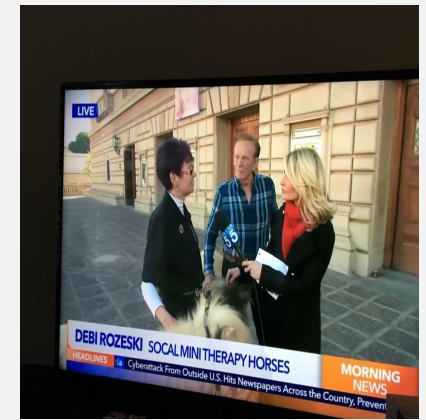
MINI READING ROUNDUP

A.U.M. encourages students to read through interaction with the mini horses.



FRIENDS

A.U.M. brings smiles to the faces of seniors living in care facilities.



EVENTS

A.U.M. participates in community events to spread awareness of the power of using rescued, rehabilitated minis to prove that triumph over trauma is possible!

JUST SAY WHOA TO BULLYING ©
Powerful program for elementary level



GALLOPING TOWARDS GREAT BEHAVIOUR

A.U.M. USES THE ACRONYM
E.M.P.O.W.E.R. TO TEACH THE
FOLLOWING SOCIAL SKILLS:

- EVERY PERSON HAS VALUE
 - MODEL KINDNESS
- POSITIVE ATTRACTS POSITIVE
 - OWN OUR ACTIONS
 - WALK THE "TALK"
 - ENCOURAGE OTHERS
 - RESPECT ALL LIFE



THE EMPOWER PROGRAM

EMPOWER was developed as a 7 week program for middle/high school students. We begin with a restorative circle each week and end with a 'Mini Moment to Ponder', an activity for participants to work on before the next session.



Horses or humans – both need thoughtfulness, cooperation, respect and intellectual curiosity to develop. This must take place in a secure, consistent, and responsive environment.





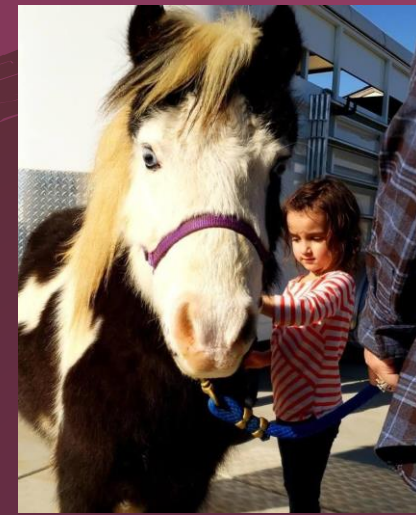
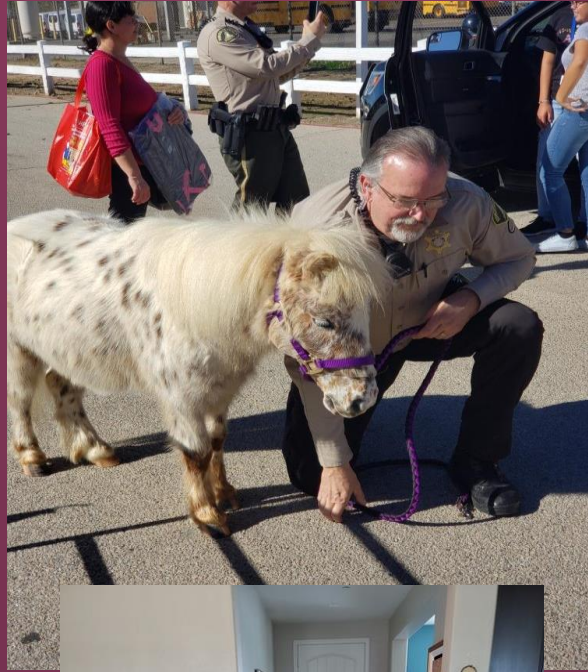
As hearts start to mend and learning
becomes successful, people of all ages,
genders and economic backgrounds begin to
rebuild their lives!

(Animals as Natural Therapy, 2014)

WE NEED YOUR HELP!

A.U.M. is a nonprofit 501 (c) (3) pending that functions purely on donations. 100% of the money collected is used for the care of the miniature horses and the facilitation of the programs they are a part of!





THANK YOU

