

KINDNESS SCAVENGER HUNT

Spread a little kindness in your community!



Smile from your window, sunshine.



Keep your camera on for one virtual class.



Begin a gratitude journal.



Leave a thank you letter in the mailbox for the mail carrier.



Call a loved one and tell them you love them.



Give someone a compliment.



Write someone a thank you letter.



Send the following message to three people: "You are amazing and I appreciate you!"