l am confident in myself

POSTit POSITIVE

I love the person I am becoming



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You can overcome any challenge



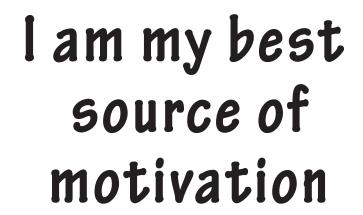
POST#POSITIVE

I am powerful, confident and capable of reaching my dreams



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I am happy with my accomplishments





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My feelings and needs are valid

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You deserve love and compassion from others





I am choosing to have an amazing day



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Choose resilience over giving up



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You are unique

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Don't compare yourself to others. There is only one YOU.





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It is worth your effort

Don't worry, next time you will do better



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You are a great person!

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Thank you for being YOU!





Value yourself more every day!

You are loved!





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You are important to me

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Every day you learn something new





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You have my support





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Keep SMILING!

Thank you for your effort



