

FEB 1ST - MAR 1ST



# Upstander ART CONTEST

RIVERSIDE MEDICAL  
CLINIC CHARITABLE  
FOUNDATION

## Art Contest Rules:

- Open to all Riverside County students K-12
- All submissions must be received by 5pm on Friday March 1st, 2024
- All artwork must be original work
- Students are only permitted to submit one entry in the contest; however there is no limit to the number of entries per school or per classroom
- Students should limit the artwork size to an 8.5in x 11in sheet of paper
- Students can utilize, but are not limited to the following art mediums: Paint (acrylic, oil, tempera), Pastels, Charcoal, Pencil, Pen/Ink, Crayon, Colored Pencil, Watercolor, Gouache, Collage, Chalk, Markers, Digital, Photography, Mixed Media, Graphite, Print, Print-screen, Graphic...etc.)



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For More Information  
[WWW.RMCCHARITY.ORG](http://WWW.RMCCHARITY.ORG)

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In this art contest, we want you to unleash your creative powers and envision an "Upstander Superhero." An Upstander is someone who stands up against injustice, bullying, and discrimination, making the world a better place for everyone.

Imagine and design your unique Upstander Superhero. What do they look like? What superpowers or special abilities do they possess to promote kindness, empathy, and inclusion? Incorporate symbols or elements in your artwork that represent hope, unity, and standing up for what is right. Consider how your Upstander Superhero inspires others to take positive action. Consider how your Upstander Superhero promotes inclusivity and embraces people from all walks of life.

Feel free to use colors, textures, and styles that best convey the spirit of your Upstander Superhero.



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