

# NATIONAL BULLYING PREVENTION MONTH

think deeply.      give freely.  
speak gently.      laugh a lot.  
love much.      work hard.  
and be kind.

**Resources and Information at [AntiBullyingInstitute.org](https://AntiBullyingInstitute.org)**

**FREE Parent Classes and Other Programming Information 951.682.2753**



**ANTI<sup>x</sup>BULLYING**  
**INSTITUTE**

**RIVERSIDE MEDICAL CLINIC**  
**CHARITABLE FOUNDATION**

**Annual Conference**  
November 9-13, 2020

**FREE Virtual Classes**  
Sign Up at [RMCcharity.org](https://RMCcharity.org)