

## BLOOMING WITH KINDNESS



### Materials Needed:

- 6in plate
- Paper Flower Petals
- Craft Stick
- Glue
- Scissors
- Crayons/ markers

Note: Most items can be purchased on Amazon or your local Dollar Tree.

With spring in full bloom, it's a time of renewal and growth. Just as flowers open up to the warmth of the sun, we can open our hearts to kindness. Spring is a reminder that every small act of kindness can brighten someone's day and inspire new beginnings. Let kindness bloom in all that we do. 🌸🌟

### Instructions:

- Use scissors to cut out paper flower petals.
- Once you have finished cutting the petals, color them with your favorite colors. Be sure to also color the plate provided.
- Next, use a marker to write inside the plate: "Kindness begins with me by..." On each petal, write a way you can be kind to those around you.
- Then, glue one end of each petal around the back of the plate (make sure the words are facing forward).
- When everything is completed, color the craft stick and glue it to the back of the plate as a stem.
- Now, you have a flower to remind you that kindness begins with you!

