KINDNESS ROCK PAINTING GUIDE

Supplies, Instructions and Ideas

A fun and easy activity for all ages, let's get started...

Supplies: Rocks and various size brushes
Acrylic paints (any kind) and a good sealer (We recommend Rustoleum 2x gloss)
Water cup, paper towels, paper plate or paint palette, parchment or wax paper to seal on.
Optional: lead pencil, black or white charcoal pencil (for drawing design first)
Paint pens, micron pens, and gel pens can also be used for finer details (allow extra drying time before sealing)

Instructions: Choose a rock, any will, do but smooth and flat ones are ideal. If needed you can purchase rocks at local landscape supply companies by the pound (and you hand pick!) or at Lowes or Home Depot.
Wash to remove any dirt and let dry.
What to paint, hmmm? Just about anything! You can look at Pinterest, or Google "Rock painting ideas" and you'll see the possibilities are endless.
Here is where you have options:
  -Draw your design directly on rock and paint, leaving some of the rock natural.
  -Basecoat your whole rock first and then paint your design.
Allow a bit of drying time when needed, a blow dryer is a handy tool to speed up drying.
All done? You can sign and date your rock if you wish. Brushes can be cleaned with soap and water. If you belong to a local Kindness Rock group, this is when yo would affix your label with glue or Mod Podge. If you haven't joined one, see the info below!

Now the important part, sealing your rock to preserve your work. There are many options but we recommend Rustoleum 2x gloss. Once your paint is dry, place your rock face down on parchment or wax paper. Spray a light misting coat first, let dry. Then do more coats until you get the desired gloss, allowing to dry for a few minutes between coats. Flip rock over on a new paper and seal the front the same way.

"RIVERSIDE PAINTED ROCKS"
We work hard to spread smiles and encouragement by putting our painted rocks out into the community. We have rocks that have traveled to other countries! We'd love to have you join us! Look us up on Facebook and remember'
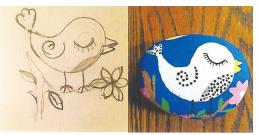### "YOU ROCK"

For more ideas, visit:

f Riverside Painted Rocks

Flower

Colors used: White, Yellow, Dark Green, Light Green, Dark Pink, Medium Pink, Light Pink

Paint used: Acrylic Matte Finish paint

1. Paint entire rock with your background color. Allow paint to dry before painting on the opposite side.
2. Paint the center of your flower.
3. Using the dark color you choose for flower, paint the flower petals.
4. Using the side of your brush and a medium color for flower, lightly make lines almost to the top of each petal.
5. Do the same thing as Step 4 using a light color, making lines a little shorter than those in Step 4.
6. Do the same thing again using White, making lines which are shorter than those in Step 5.
7. Using Dark Green, paint stem and leaves.
8. Take Light Green and add small lines in leaves.
9. Let paint completely dry.
10. Seal your rock to protect it from the outside elements.

Bird with Flower

Colors used: Dark Blue, Black, Yellow, Pink, Dark Brown, Medium Brown, Green, Ivory

Paint used: Acrylic Matte Finish paint

1. Paint front and back of your rock with your main color. Allow paint to dry before painting on the opposite side.
2. Lightly sketch your design on rock.
3. Paint your bird with color you choose for main color.
4. Paint the breast of bird with color you choose.
5. Paint the beak.
6. Make bird's eye by drawing a semi-circle. Paint it, add eyelashes, and add bird's legs and feet.
7. Take the same color as breast and make a curlicue for wing.
8. Using same color, paint a line in between each tail feather.
9. Using the back end of paint brush and dark color of your choice, add dots to breast, wing and tail feathers.
10. Using Medium Brown paint, paint branch of tree.
11. Paint leaves on the branch.

12. Using the flower color you choose, paint flower petals.
13. Paint the middle of the flower with a different color.
14. Using Dark Brown, add a few lines to branch for highlights and cracks along the branch.
15. Let paint dry completely.
16. Seal your rock to protect it from the outside elements

Mountain Rock

Colors used: Dark Brown, Medium Brown, Light Brown, Yellow, White, Medium Green, Light Green, Purple, Dark Blue, Light Blue, Medium Blue

Paint used: Acrylic Matte Finish paint

1. Paint front and back of rock with Medium Blue. Allow paint to dry before painting the opposite side.
2. Sketch your design on the rock.
3. Paint mountains Dark Brown, leaving enough space to add a waterfall between the mountains.
4. Waterfall: Using Light Blue, paint all the way down in the middle of the mountains and half way into the lake.
5. On edges of waterfall, make a small circular motion with the side of the paint brush using White, all the way down each side of waterfall.
6. Lake: Using Dark Blue, paint lake, then using the side of your brush and Medium Blue, add horizontal streaks on top of Dark Blue. Change to Light Blue and do the same thing.
7. Grass: Using side of brush and Medium Green, make vertical streaks half way up the mountains from lake, and half way down into lake, going along the bottom part of waterfall from left to right side of rock.
8. Change to Light Green and do the same thing.
9. Paint the sun.
10. Flowers: Using other side of the paint brush and Purple, make four dots for each flower, then change to Yellow and make one dot for the center of each flower.
11. Highlighting mountain: Using side of brush and Medium Brown, make streaks in the middle of the mountains only. Change to Light Brown and do the same thing on top

of the Medium Brown streaks you made.
12. Still using Light Brown, make a small, thin line and trace the mountains to show shape and separation of the different mountains.
13. Using Yellow and the other side of the paint brush, put small short lines on the tips of mountains, on the tips of the grass in a few spots, and a few streaks in the lake.
14. Using White and the other side of the paint brush, add a few wiggly lines at the bottom of the waterfall where it's entering the lake.
15. Let paint dry completely.
16. Seal your rock to protect it from the outside elements.

Ladybug

Colors used: Black, Red, White, Pink, Yellow, Green

Paint used: Acrylic Matte Finish paint

1. Sketch your design on the rock.
2. Starting with the ladybug's head, paint front and back of rock using Black, allowing paint to dry before painting the opposite side.
3. Body of ladybug: Using Red, paint front and back of ladybug, allowing paint to dry before painting the opposite side.
4. Using the other end of the paint brush and Black, make a triangle shape on the body of the ladybug, extending the edges to the side of the rock.
5. Make horizontal lines inside the triangle to create stripes, still using the other end of the paint brush and Black. Starting at the top of triangle, use Black to paint the first stripe; skip the next stripe (red), and paint another black stripe. Continue alternating colors to the finished edge of the rock. (You won't have to paint the red stripes, as the red is already there from when you painted the ladybug's body.)
6. Eyes: Paint the circle with White. Let paint dry completely.
7. To make pupils, paint a smaller circle in Black inside each white circle.
8. Add eyelashes using White and making small short lines around outside of eyes.
9. Flower: Using the other end of the paint brush, make five small circles or dots. Add center of flower by making one circle or dot.
10. Leaves on flower: With Green, make two

small leaves coming out of one side of the flower.
11. Add smile on face of ladybug with Red.
12. Make circles and dots with Black on ladybug's body by using the other end of the paint brush.
13. Using White, make small dots in a line separating where the ladybug's head and body meet.
14. Let paint dry completely.
15. Seal your rock to protect it from the outside elements

Optical Illusion Heart

Colors used: Black, White

Paint used: Acrylic Matte Finish paint

1. Choose one color and paint front and back of your rock. Allow paint to dry before painting on the opposite side.
2. Lightly sketch your heart design on the rock.
3. Draw a line down the middle of your heart (inside the design).
4. On the left side of heart, stay with the shape of design and draw vertical lines (inside design), spacing them evenly to your center line.
5. On right side of heart, draw your lines at an angle, again keeping the shape of your design and spacing evenly, stopping at center line.
6. Creating your stripes: Using your second color, paint in between two lines. That is your first stripe, skip next stripe, and repeat until you reach your center line. Do the same thing on your angled lines.
7. Dotting: Using the opposite color of the stripe you are going to dot, dip the end of your paint brush and place a row of dots on top of the stripe. Continue using this color on main color stripes. Now, do the same thing on your second color stripes, with the end of paint brush dipped in main color. Dot until you are finished with second color stripes. Gently erase your design, if possible, to create that illusion effect.
8. Let paint dry completely.
9. Seal your rock to protect it from the outside elements.

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