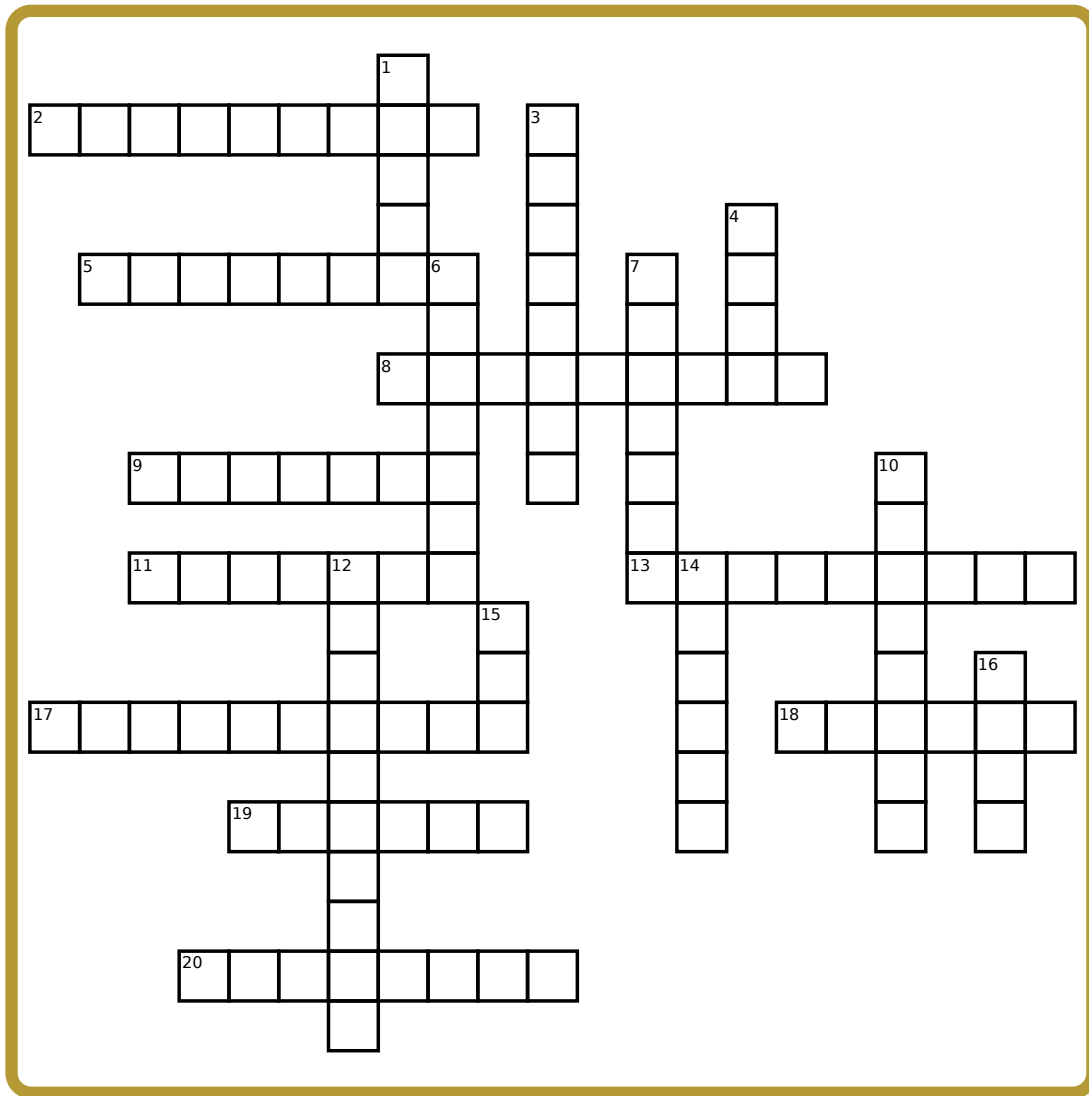




UPSTANDERS



CROSSWORD PUZZLE



Down:

1. Tell a trusted _____ if you see bullying happening at school.
3. Throw kindness like it is _____!
4. You can cheer someone up by telling a funny _____!
6. Being able to put yourself in someone else's shoes.
7. The act of being aware of your thoughts and feelings.
10. The quality of being friendly, generous, and supportive.
12. Kindness is a _____! (An ability superheroes have).
14. If you see someone alone, _____ them to join your group or activity!
15. When you see something, you _____ something!
16. Tell the person who is bullying to _____.

Across:

2. To show appreciation towards something.
5. The ability to communicate your wants and needs to others.
8. Someone who recognizes something wrong and does something to make it right.
9. Offer your _____ to someone who has been bullied.
11. The quality of being truthful and sincere.
13. Active _____ involves paying attention to what someone else is saying.
17. The ability to adapt to change and adversity.
18. Take a deep _____ when you are feeling anxious or overwhelmed.
19. _____ bullying incidents as soon as possible.
20. To act in a warm way that is welcoming and inviting.