








# 2025 RANDOM ACTS OF KINDNESS WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						
Make a Friend Monday	Teamwork Tuesday	Way Back Wednesday	Think Outside the Box Thursday	Feel the Love Friday	School Spirit Saturday	Self-Care Sunday
<div><b>What To Wear?</b></div> <p>Wear mismatched clothes or mix-and-match patterns to show that different styles can come together.</p> <div><b>Activity</b></div> <p>Encourage students to sit with someone new during lunch or have a “lunch swap,” where students randomly switch lunch tables and get to know new people.</p>	<div><b>What To Wear?</b></div> <p>Dress in your favorite team jersey or sport team colors to represent working together.</p> <div><b>Activity</b></div> <p>Have a team-building exercise or class-wide activity where students work together in groups to complete a challenge.</p>	<div><b>What To Wear?</b></div> <p>Each grade dresses up in outfits representing a different decade (60s, 70s, 80s, 90s, etc.).</p> <div><b>Activity</b></div> <p>Reflect on how kindness is timeless by creating a “Generations of Kindness” photo wall.</p>	<div><b>What To Wear?</b></div> <p>Wear your wackiest hat, craziest socks, or go all-out with a fun, creative outfit.</p> <div><b>Activity</b></div> <p>Encourage students to express their individuality and creativity. Encourage them to compliment at least three peers on their unique style or contribution.</p>	<div><b>What To Wear?</b></div> <p>Wear red, pink, or heart-themed outfits to celebrate love, friendship, and positivity.</p> <div><b>Activity</b></div> <p>Set up a “Kindness Station” where students can write anonymous “Valentines” or appreciation notes for friends, classmates, teachers, or staff.</p>	<div><b>What To Wear?</b></div> <p>Wear school colors or spirit gear to show pride in your school and community.</p> <div><b>Activity</b></div> <p>Participate in a Random Acts of Kindness Challenge for the community. Students are encouraged to volunteer or do something special for a family member or neighbor.</p>	<div><b>What To Wear?</b></div> <p>Comfy and cozy! Wear your favorite comfy clothes or pajamas as a reminder to take time for yourself.</p> <div><b>Activity</b></div> <p>Journal or reflect on how practicing self-care makes you feel more empathetic and better able to support others.</p>
Building New Connections	Strengthening Collaboration	Celebrating Differences	Creativity and Individuality	Spreading Love and Positivity	Uniting the School and the Community	Recharge to Give More